

# THE AWARENESS QUOTIENT

INTENTION | AWARENESS | CHOICE | RESPONSE™



## Constructed Development Theory

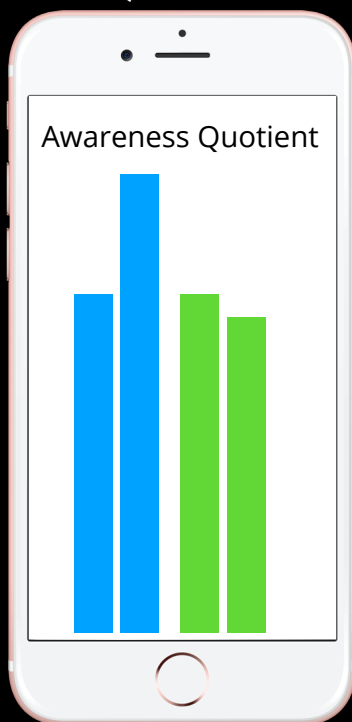
CDT focuses on how human beings utilise **shortcuts** in their thinking in order to construct their **Intention, Awareness, Choice** and **Response** in the moment.

The greater their awareness of their intention based on the use of fifty **Cognitive Intentions**, the greater their capacity to respond in the moment.

## Dynamic Intelligence

Dynamic Intelligence is the process by which we **construct** our thinking in the moment in order to determine the path from **Intention to Awareness**, then **Choice** and finally **Response**.

The greater our awareness of our intention, the more choice we create in our responses in the moment, thus, the greater our **Dynamic Intelligence**.



## Develop your Thinking

Once you are aware of your **Cognitive Intentions**, and how they combine to form your **Thinking Style**, we can begin challenging your world view one Cognitive Intention at a time.

A little **disequilibrium** is key to your growth!

## Go Beyond your Existing Thinking

The **Thinking Quotient** is the tool created from a doctoral study to measure the relationship between the fifty Cognitive Intentions that are the building blocks of our Dynamic Intelligence.

This scale is your benchmark for your Constructed Development.

\*CDT abbreviated, Constructed Development Theory  
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### So What?

Dynamic Intelligence tells us how you combine the many facets of your thinking in the moment and the interplay between their influence and outcome in a thinking and behaving way. This is your Thinking Style.



### Business Benefit

If we know how you think in context, we can influence your capacity to make decisions or see greater complexity by simply tweaking one of the important unconscious shortcuts, called Cognitive Intentions (CI).

This gives you greater choice in your thinking.



### Personal Benefit

Thinking Styles have been shown to work in all domains, which means once you become aware of how your thinking is constructed, those CI's brought to consciousness will have an impact in every arena of your life.



### Value Add

Research shows that the greater your awareness of your Constructed Development, the greater your self-awareness and thus your capacity to make qualitatively better decisions, wherever you live or work!

## GET IN TOUCH TODAY

Discover where your habituated patterns are limiting your future capacity

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