

6 REASONS TO INVEST IN YOUR DEVELOPMENT



TO PREPARE FOR WHAT'S NEXT



TO APPROACH CHALLENGES IN A NEW DYNAMICALLY INTELLIGENT WAY



TO PRACTICE NEW THINKING STYLES



TO BE AT CHOICE WITH NEW BEHAVIOURS



TO BE AT CHOICE WITH YOUR ENGAGEMENT IN YOUR WORK



TO MAKE A MEANINGFUL IMPACT

What is CDT ?

Constructed Development Theory (CDT) takes its name from its central premise: that self-awareness and cognitive growth are concepts that are constructed by the brain. The aim of the theory is to develop perspicacity. The Theory focuses on how human beings utilise 50 shortcuts in their thinking in order to construct their Intention, Awareness, Choice and Response™ (IACR™) in the moment. The greater their Awareness, the greater their capacity to respond in the moment.

Dynamic Intelligence is the process by which we construct our thinking in the moment in order to determine the path from (unconscious) Intention to Awareness, then Choice and finally Response (IACR™).

The net result is a measurable scale of self-awareness we can use as a springboard to your vertical development!



Why Next Level Coaching ?

The Next Level Coaching (NLC) framework uses Intention, Awareness, Choice and Response™ as the basis for understanding how the client constructs their thinking.

We start with your construction of self regardless of the problem you are trying to solve.

As Vertical Developmental Coach, or as More Complex Other (MCO) we are listening for your unconscious Intention, level of Awareness, resultant Choices and finally how you habitually Respond.

In essence: how your habituated thinking style impacts your construction of, and ability to solve your problem.

No other system uses CDT, the Awareness Quotient (AQ) and Dynamic Intelligence (DI) as the foundation for their adult developmental (new excellence in coaching) approach.

Using the Next Level Coaching (NLC) framework that emerged from CDT, we know that although you, as the client might present with a problem of utility or agency, it is actually a problem of construction that limits your vertical momentum.

Get in touch today with us and begin the next revolution in coaching and development :

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